

Volunteer Role Specification

Role Title: EARLY Minds Schools Volunteer
Department: Families and Education
Date: June 2023
Role Summary: In this role you will be responsible for assisting our Children, Families & Young People team with the delivery of our [EARLY Minds](#) programme to primary schools in Suffolk. There is also the opportunity to help with the administration of the programme.

Main Duties and Responsibilities:

- Assist with preparing materials for school workshops
- Attend school visits, with the facilitator, to help set up, support and pack down workshops
- Be confident working with small groups of children (clear instructions and guidance will be given)
- Reflect and report back to trainer at the end of the sessions – feedback on session, safeguarding concerns etc.

What we offer:

- Opportunity to attend [The Essentials](#) sessions delivered in the schools, enabling you to develop your understanding of the Mental Health Continuum and the Emotional Needs & Resources model of mental health
- The opportunity to be part of pioneering work supporting young people's mental health
- Training for the role and ongoing support
- A role that enables you to get many needs met, especially Meaning & Purpose

We need volunteers who:

- wants a committed but flexible volunteering role
- wants Meaning & Purpose in their life, both from the impact of the work and by feeling valued for their contributions to the project
- values the benefits of educating young people in mental health and wellbeing
- can travel to schools in Suffolk

Days/hours for role: Term-time – various days/hours

Location: Primary schools across Suffolk

DBS Check Applicable: YES - Enhanced

<i>Attributes</i>	<i>Essential Criteria</i>	<i>Desirable Criteria</i>
<i>Skills and Abilities</i>	<ul style="list-style-type: none"> • Good organisation and time keeping skills • Confident with children • Able to travel to different locations • Good communication skills – able to relate to children • Approachability • Flexible and able to think on your feet 	
<i>Knowledge and Experience</i>	<ul style="list-style-type: none"> • Knowledge and understanding of appropriate language for use with young children 	<ul style="list-style-type: none"> • Awareness of mental health and wellbeing
<i>Attitudes and Values</i>	<ul style="list-style-type: none"> • Reliable • Willingness to help others • Non-judgemental attitude • Chooses to use language to promote equality and inclusivity 	

Enquiries to: info@suffolkmind.org.uk or 0300 111 6000