



Join us and make us your charity of the year

Boost morale and build a
happier and healthier team.

Through fundraising events you
can build valuable connections
with your customers and
communities across Suffolk.

 mind Suffolk

You will receive:

- ✓ A unique profile and giving page on the Suffolk Mind website, together with a bespoke donation QR code which can be used at any event
- ✓ Use of the **Our Charity of the Year – Suffolk Mind** supporter's logo on your media and website
- ✓ A complimentary half day session of **The Mental Health Toolkit: The Essentials**, an introduction to Suffolk Mind's approach to mental health for two staff members
- ✓ A wellbeing literature pack (or e-pack) for your breakout areas
- ✓ Invites to our annual fundraisers 'thank you' event and a chance to network with other businesses and community fundraisers, along with our team
- ✓ Early access to ticketed events
- ✓ A copy of our impact report so that you can see where your money is going and how it has benefited Suffolk

And more!



All we ask is that you hold a minimum of **three fundraising events or challenges** for Suffolk Mind within a 12-month period.

To find out more about fundraising for Suffolk Mind contact fundraising@suffolkmind.org.uk or scan the QR code to download a fundraising pack.

Other corporate opportunities

If you would like to become an official corporate sponsor and look to fund a Suffolk Mind service area over a period of 12 months, please arrange a call with our fundraising team.

What it means to us

By supporting Suffolk Mind through fundraising and building awareness, we can support more people through our services such as counselling, Greencare and our free mental health courses.