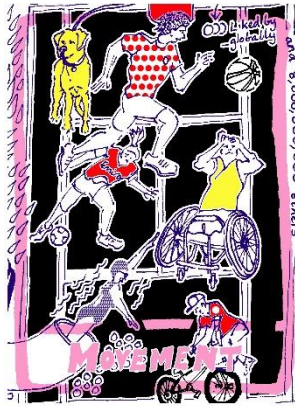


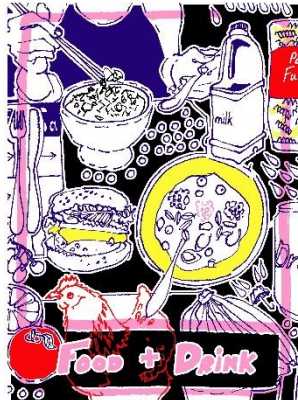
I move my body enough:



I feel rested after I sleep:



The food I eat makes me feel happy and healthy:



I feel able to talk about my feelings and people listen to me:

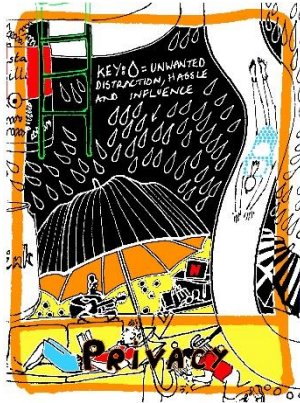


I feel I get enough good attention from people around me:

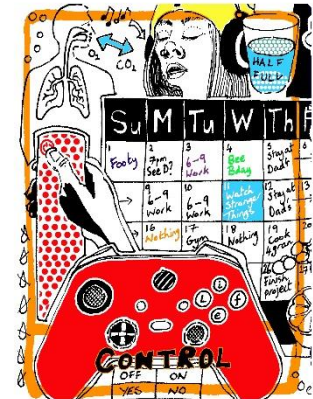
I feel I give enough good attention to people around me:



I can get time to myself when I need to:



I feel safe and able to make choices:



I feel I can do things well when I try:



I feel that things I do are noticed by others:



I spend time doing things that are important to me:

