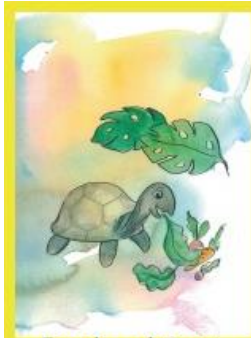


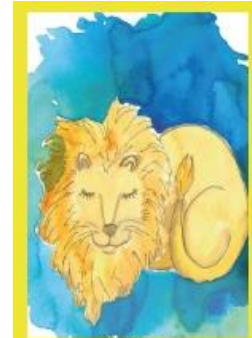
I look after my body:



Food and Drink



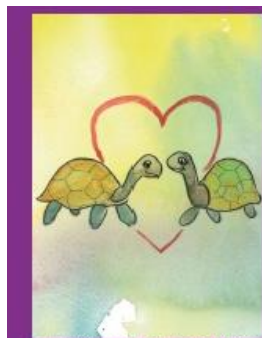
Movement



Sleep

I feel good when I wake up in the morning:

I feel able to talk about my feelings with people I trust:



Emotional Connection



Community



Attention

I feel calm and safe:



Security



Control



Privacy

I feel I can do things well when I try:



Achievement



Status



Meaning & Purpose