

SEND TO US

SINGLE DONATION

Thank you for your donation. We are entirely responsible for raising our own income and rely on the generosity of people like you. We are grateful to receive any amount and make sure that we use all our funds as effectively as possible.

To: West Suffolk Mind, 50 Long Brackland,
Bury St Edmunds, Suffolk, IP33 1JH.

Please accept my/our donation of £ _____
(amount in words) _____

Name: _____

Address: _____

Please ensure you have completed the Gift Aid section to ensure your gift is tax efficient for us—at no extra cost to you, and post it to us for our tax records.

Thank you.

WEST SUFFOLK MIND REG. CHARITY NO: 260479



Using Gift Aid means that for every pound you give, we will receive an extra 28 pence from the Inland Revenue. This means that £10 can be turned into £12.80—at no extra cost to you. Please complete the details below (we have to keep these details for the Inland Revenue) and return to us at:

**West Suffolk Mind,
50 Long Brackland, Bury St Edmunds,
Suffolk, IP33 1JH.**

Thank you for helping us to help others.

I would like to make a donation to West Suffolk Mind using Gift Aid. My details are as follows:

First name:

Surname:

Home Address:

Postcode:

I want all donations I've made since 6th April 2000 and all donations in the future to be Gift Aid until I notify you otherwise.

Signature: _____ Date: _____

(For your gift to qualify as a Gift Aid donation, what you pay in income tax or capital gains tax during a year must at least equal the amount you will claim from you in the tax year.)



For better
mental health

Tel: 01284 764808

Fax: 01284 767087

Email: info@westsuffolkmind.org.uk

DONATION FORM

**West Suffolk Mind/Healthy Mind
Centre**

**50 Long Brackland
Bury St Edmunds
Suffolk IP33 1JH**



Tel: 01284 748040

Fax: 01284 767087

Email: info@healthymindcentre.org.uk

Reg. Charity no: 260479

WEST SUFFOLK MIND

WHO WE ARE

West Suffolk Mind has been a registered charity since 1962 and has been affiliated to Mind National since 1986. Our mission is to work to better the lives of people experiencing mental health difficulties. We receive no financial support from the national organisation.

WHAT WE DO

West Suffolk Mind provides advice and information, supported housing, day services, self-help support groups, respite care for carers and counselling services.

Through our Healthy Mind Centre Project we provide an employment service, crisis counselling and programmes which help people move on and which promote social inclusion and recovery such as Anxiety Management, Anger Management, Post Natal Depression, Moving Forward and Cognitive Behavioural Therapy.

ACCESSING OUR SERVICES

Our services, except for some extended counselling services, are free at point of delivery. People can approach us directly; they do not need to wait for a GP referral.



STANDING ORDER

To: _____ Bank/Building Society)

Address:

Bank Sort Code: _____ : _____ : _____

Please pay to Lloyds TSB, 28 Risbygate Street, Bury St Edmunds, Suffolk IP33 3AH. Sort Code 30-91-49 for the account of West Suffolk Mind, Account number 01254583 the sum of:

£2/ £3/ £5/ £8 /£10 /£15 (other) £ _____

amount in words _____

To be paid monthly commencing on _____ (date) until further notice quoting the following reference: _____ (LEAVE BLANK)

Signature:

Account name:

Account number:

Date:

Thank you for your donation. Regular donations such as yours help us so much. Please ensure you have completed the Gift Aid declaration and send to us to ensure your gift is tax efficient for us—at no extra cost to you.

Thank you.

SEND TO US

giftaid it

Using Gift Aid means that for every pound you give, we will receive an extra 28 pence from the Inland Revenue. This means that £10 can be turned into £12.80—at no extra cost to you. Please complete the details below (*we have to keep these details for the Inland Revenue*) and return to us at:

**West Suffolk Mind,
50 Long Brackland, Bury St Edmunds,
Suffolk, IP33 1JH.**

Thank you for helping us to help others.

I would like to make a donation to West Suffolk Mind using Gift Aid. My details are as follows:

First name:

Surname:

Home Address:

Postcode:

I want all donations I've made since 6th April 2000 and all donations in the future to be Gift Aid until I notify you otherwise.

Signature: _____ Date: _____

(For your gift to qualify as a Gift Aid donation, what you pay in income tax or capital gains tax during a year must at least equal the amount we will claim from you in the tax year.)

WEST SUFFOLK MIND REG. CHARITY NO: 260479